

BeReady: Annual Careers, Gatsby Benchmark Framework

Yearly Careers Plan	Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Year 7 BeReady Gatsby: 2, 3, 4, 5	Transition to secondary school BeReady Skills: - Foundation Resilience module (Mental wellbeing). - Linking resilience in with organising time with homework	Enterprise skills & learning about careers and the world of work BeReady skills: - Foundation of communication - LMI careerometer (online as a class discussion)- 5, 10 minutes with core subjects - Spotlight employer engagement	Diversity, prejudice and social media Managing relationships BeReady Skills: - stereotyping lesson and behaviour.	Wellbeing within the workplace and organisation BeReady Skills: - Developing resilience - Safety in the workplace can be delivered in D&T classrooms	Skills reflection BeReady Skills: - LMI Apprenticeships research - Quiz pages (whole class discussion and debate) - Think about how skills development can build on your networking.	Identifying choices and opportunities & making ethical financial decisions BeReady Skills: - Looking at the apprenticeship's feeds on the BeReady site and comparing salary, and realistic savings.
Year 8 BeReady Gatsby: 2, 3, 4, 5	Confidence and health BeReady Skills: - Guide to assertiveness module	Raising careers aspirations BeReady Skills: - Spotlight employer engagement - Aspirations (job hunting module)	Online safety and digital literacy BeReady Skills: - Personal branding module (self awareness & self determination & self improvement)	Mental health, body image BeReady Skills: - Confidence module	Networking and communication importance BeReady Skills: - Developing Communication module	Understanding business and industry BeReady Skills: - Independent LMI research

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						- One page downloadable for job hunting
Year 9 BeReady Gatspy: 2, 3, 4, 5, 6	Assertiveness and lifestyle BeReady Skills: - Revisit a guide to assertiveness module Guide to assertiveness tutor time resource and one page downloadable	Identifying skills strengths and setting goals as part of the GCSE options process BeReady Skills: - Spotlight employer engagement - LMI careeometer with core subjects	Relationships building in the workplace BeReady Skills: - Business Etiquette module	Managing your own resilience BeReady Skills: - Spotlight Employer visit from HR to talk about mental wellbeing in the workplace.	How to help others BeReady Skills: - Foundation of Leadership (looking at types of traits of leaders). Reflection on the importance of the traits. - Tutor time PowerPoint	Exploring careers and career development and routes BeReady Skills: - Spotlight employer visits, either to school or group of students as a case study visit workplaces
Year 10 BeReady Gatspy: 2, 3, 4, 5, 7	Transition to KS4 and developing study habits BeReady Skills: - Revisit confidence, assertiveness and resilience and discuss techniques on how to motivate themselves. - One page downloadable and class brainstorming	Investigating work and working life BeReady Skills: - Independent LMI research - Job hunting module	Furthering business etiquette in the workplace BeReady Skills: - Spotlight Employer visit for talk on business etiquette & CV outline	Managing Resilience in the workplace and how to help others BeReady Skills: - Reflect on copying mechanisms by using the developing resilience tutor time resource and one page downloadable.	How to manage others BeReady Skills: - developing Leadership (how the traits discussed previously help with teamwork and helping others. Reflection on their own leadership traits.	Planning and deciding BeReady Skills: - Having a look at LMI - Interview & assessment tutor time PowerPoints - Start a template of a CV using the LMI apprenticeships pages

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<p>Year 11 2, 3, 4, 5, 6, 7, 8</p>	<p>Learning and revision skills to maximise potential (promoting self-esteem and stress copying) BeReady Skills:</p> <ul style="list-style-type: none"> - Developing communication module – revisit and start to reflect upon improvements 	<p>Preparing for employability BeReady Skills:</p> <ul style="list-style-type: none"> - LMI (preparation for college application) - Skills for employment (furthering communication using tutor time PowerPoint and starting to create a presentation of skills developed so far with the routes they would like to choose). 	<p>Furthering business etiquette in the workplace BeReady Skills:</p> <ul style="list-style-type: none"> - Spotlight Employer visit for talk on business etiquette and CV outline. - Business etiquette tutor time PowerPoint and one page downloadable 	<p>Responsibilities and choices BeReady Skills:</p> <ul style="list-style-type: none"> - LMI feeds and apprenticeships to format a plan to save money and choices in route to work. - Quiz - Develop on the presentation of aspirations for student futures - Work on CVs developed with the use of LMI and apprenticeship feeds. 	<p>Maintaining strong networks BeReady Skills:</p> <ul style="list-style-type: none"> - Communication importance (one page downloadable, and tutor time). - revisit social media networking (personal branding) 	<p>Handling applications and interviews BeReady Skills:</p> <ul style="list-style-type: none"> - Present to a member of staff (using the skills learnt so far and what skills needed in the industry the student would like to go into). - Mock interviews with careers or Spotlight employers
<p>Year 12 2, 3, 4, 5, 6, 7, 8</p>	<p>Know how to develop and use strategies which will help you to deal with the challenges of managing your career transitions BeReady Skills:</p> <ul style="list-style-type: none"> - University module 	<p>Showing initiative and enterprise BeReady Skills:</p> <ul style="list-style-type: none"> - Starting the job hunt module 	<p>Furthering business etiquette in the workplace BeReady Skills:</p> <ul style="list-style-type: none"> - interviews and assessments module - Spotlight Employer- CV advise 	<p>To draw conclusions from researching and evaluating relevant labour market information (LMI) to support your future plans BeReady Skills:</p>	<p>Proactive networking BeReady Skills:</p> <ul style="list-style-type: none"> - Careers and guidance in communication, language and branding from a Spotlight Employer. 	<p>Planning and deciding BeReady Skills:</p> <ul style="list-style-type: none"> - Resilience module (how to build resilience on career enhancing).

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<p>Year 13 BeReady Gatsby: 2, 3, 4, 5, 6, 7, 8</p>	<p>Know how to prepare for, perform well and learn from participating in selection processes BeReady Skills:</p> <ul style="list-style-type: none"> - interviews and assessments tutor time and one-page downloadable 	<p>Developing personal financial capability BeReady Skills:</p> <ul style="list-style-type: none"> - Develop on financial capability from the university module. 	<p>Developing your employability qualities and skills to satisfy your own expectations and the future expectations of your employers and co-workers BeReady Skills:</p> <ul style="list-style-type: none"> - LMI feeds. - CV structure using LMI. - Spotlight Employer - Developing Leadership module 	<p>Personal financial capability to make better decisions about everyday living, further study, training and work BeReady Skills:</p> <ul style="list-style-type: none"> - Developing from starting the job hunt using the tutor time resources and one page downloadable to recap. 	<p>Proactive networking BeReady Skills:</p> <ul style="list-style-type: none"> - Careers and guidance in communication, language and branding from a Spotlight Employer. 	<p>Managing Changes and transitions BeReady Skills:</p> <ul style="list-style-type: none"> - Developing resilience – tutor time and one page downloadable.
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Overarching concepts developed through the Programme of Study

1. Identity (their personal qualities, attitudes, skills, attributes and achievements and what influences these; understanding and maintaining boundaries around their personal privacy, including online)
2. Relationships (including different types and in different settings, including online)
3. A healthy (including physically, emotionally and socially), balanced lifestyle (including within relationships, work-life, exercise and rest, spending and saving and lifestyle choices)
4. Risk (identification, assessment and how to manage risk, rather than simply the avoidance of risk for self and others) and safety (including behaviour and strategies to employ in different settings, including online in an increasingly connected world)
5. Diversity and equality (in all its forms, with due regard to the protected characteristics set out in the Equality Act 2010)
6. Rights (including the notion of universal human rights), responsibilities (including fairness and justice) and consent (in different contexts)
7. Change (as something to be managed) and resilience (the skills, strategies and 'inner resources' we can draw on when faced with challenging change or circumstance)
8. Power (how it is used and encountered in a variety of contexts including online; how it manifests through behaviours including bullying, persuasion, coercion and how it can be challenged or managed through negotiation and 'win-win' outcomes)
9. Career (including enterprise, employability and economic understanding)

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Essential Skills and Attributes developed through the Programme of Study Personal effectiveness Interpersonal and social effectiveness

1. Self-improvement (including through constructive self-reflection, seeking and utilising constructive feedback and effective goal setting)
 2. Identifying unhelpful 'thinking traps' (e.g. generalisation and stereotyping)
 3. Resilience (including self-motivation, perseverance and adaptability)
 4. Self-regulation (including promotion of a positive, growth mind-set¹ and managing strong emotions and impulses)
 5. Recognising and managing peer influence and the need for peer approval, including evaluating perceived social norms
 6. Self-organisation (including time management)
 7. Strategies for identifying and accessing appropriate help and support
 8. Clarifying own values (including reflection on the origins of personal values and beliefs) and re-evaluating values and beliefs in the light of new learning, experiences and evidence
 9. Recalling and applying knowledge creatively and in new situations
 10. Developing and maintaining a healthy self-concept (including self-confidence, realistic self-image, self-worth, assertiveness, self-advocacy and self-respect)
1. Empathy and compassion (including impact on decision-making and behaviour)
 2. Respect for others' right to their own beliefs, values and opinions
 3. Discernment in evaluating the arguments and opinions of others (including challenging 'group think')
 4. Skills for employability, including - • Active listening and communication (including assertiveness skills) • Team working • Negotiation (including flexibility, self-advocacy and compromise within an awareness of personal boundaries) • Leadership skills • Presentation skills
 5. Enterprise skills and attributes (e.g. aspiration, creativity, goal setting, identifying opportunities, taking positive risks)
 6. Recognising, evaluating and utilising strategies for managing influence
 7. Valuing and respecting diversity

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8. Using these skills and attributes to build and maintain healthy relationships of all kinds